

# Panda Class

## 3 Months+

Our main focus in this age group is to develop skills such as taking a first step, smiling for the first time, and waving "bye-bye" (key developmental milestones).

Infants learn through sensory exploration, so supporting their movement and discovery is essential. Activities like touching textures, using mirrors, and mimicking sign language aid development. Teachers encourage mobility and language skills through music, physical play, sensory experiences, and arts & crafts in a safe environment. Regular family communication is crucial for tracking progress. Parents provide food for infants aged 3-6 months, while those over 6 months receive alternating meals of Taystee Wheat and oats.

### Daily Schedule

3 - 6 MONTHS		12 MONTHS+	
07:30	Arrival	07:30	Arrival
07:30 - 08:00	Breakfast & Nappy Change	07:30 - 08:00	Breakfast & Nappy Change
08:30 - 09:00	Morning Ring & Sing-Along	08:30 - 09:00	Morning Ring & Sing-Along
09:00 - 09:30	Power Nap	09:00 - 09:30	Instrument & Free Play
09:30 - 10:00	Instrument Free Play	09:30 - 10:00	Power Nap
10:00 - 10:30	Snack Time (fruit)	10:00 - 10:30	Snack Time (yoghurt)
10:30 - 11:30	Outdoor Play Time (Sensory act.)	10:30 - 11:30	Outdoor Play Time
11:30 - 12:00	Lunch & Nappy Change	11:30 - 12:00	Lunch
12:00 - 13:00	Nap	12:00 - 14:00	Nap
13:00 - 13:30	Tummy Time	14:00	Home Time for 1/2 day children
13:30 - 14:00	Snack Time (from menu)	14:00 - 15:00	Indoor Play
14:00	Home Time for 1/2 Day children	15:00 - 15:30	Power Nap
14:00 - 15:00	Indoor Play (Exploration / Story)	15:30 - 16:00	Snack Time (Fruit)
15:00 - 15:30	Power Nap	16:00 - 17:00	Free Play & Nappy Change
15:30 - 16:00	Snack Time	17:00	Home Time
16:00 - 17:00	Free Play & Nappy Change		

3-6 months\*Please provide your current schedule. We will follow it and note daily routines in your child's message book, which will be sent home each day.

**Mon.**  
Cheese Cubes  
Cucumber

**Thurs.**  
Toast  
Yoghurt

**Tues.**  
Apple Fritters  
Yoghurt

**Fri.**  
Vegetable Fritters  
Fruit (seasonal)

**Wed.**  
Pasta  
Fruit (seasonal)

**Snack Menu**  
(6 mths. +)

Personal care activities, like nappy and clothes changing, are scheduled throughout the day and will also take place as needed to meet each child's individual requirements.

